



A

Healthy Home Checklist

Sources of Lead Poisoning

Does Your Home Have?

- Toys
- Dust
- Water
- Bullets
- Jewelry
- Bare Soil
- Peeling Paint
- Ceramic Tiles
- Ceramic Mugs
- Imported Pottery
- Mardi Gras Beads

Sources of Pests

Does your home have?

- Leaks
- Cracks
- Gaps in Roof
- Exposed Food
- Unsealed Openings
- Feeding Chickens in the Yard
- Stacks of Dirty Dishes
- Uncovered Garbage Cans

Mold

Does Your Home Have?

- Leaks
- Old Water Stains
- Wet Carpets
- Flooding
- Humidifiers

Ways to Reduce Lead Exposure

- Buy toys made in USA
- Wash Hands Often
- Plant over bare soil
- Leave shoes at the door
- Eat & drink with glass dishes
- Mop Frequently
- Use HEPA filter Vacuums
- Repair peeling paint using lead safe work practices & Workers certified by the EPA
- Install certified water filters for faucets in Kitchen, cook with filtered water & do not use tap water to cook, make coffee or for drinks
- Dispose of broken ceramic tiles with gloves & HEPA masks
- Avoid eating game shot with lead
- Give pets only filtered water to drink
- Don't let children play with Mardi Gras Beads

Get Rid of Unwanted Pests

- Seal all leaks and cracks, close gaps between the roof and home
- Seal all doors and windows
- Clean up garbage, wash dishes often, use garbage cans with lids
- Wrap up all food items
- Use baits, traps and other safe methods for eliminating pests
- Empty & clean pet food bowls
- Feed Chickens in their coops

Stop the Mold

- Stop the leaks
- Remove porous materials that were waterlogged such as rotten wood, drywall, carpeting.
- Clean non-porous surfaces with a non-ammonia soap.
- Disinfect. When using bleach mix ½ cup of bleach per gallon of water.
- Wear protective gloves and masks, open windows, double bag garbage.